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IN THE CLAIMS:

- 1. (currently amended) An optical fiber for supporting single mode transmission of a long wavelength signal, the optical fiber comprising:
 - a pure silica core region of diameter d; and
- a surrounding fluorine-doped cladding region having an outer a diameter D, where D/d>8.5 D/d is approximately 8.5.
- 2. (original) An optical fiber as defined in claim 1 wherein the fiber further comprises a surrounding tube layer.
- 3. (currently amended) An optical fiber as defined in claim 2 wherein the surrounding tube layer comprises silica a refractive index essentially identical to the refractive index of the pure silica core region.
 - 4. (original) An optical fiber as defined in claim 1 wherein 9 < D/d < 10.
- 5. (currently amended) A method of forming a single mode fiber for providing transmission of a long wavelength signal less than about 1700 nm, the method comprising the steps of:
 - a) providing a glass tube;
- b) using an MCVD a process to depositing a plurality of layers of fluorine-doped silica on the inner wall of the glass tube, the plurality of layers selected to obtain a desired thickness diameter D for the a cladding layer;
- c) depositing silica material on the inner wall of the deposited fluorine-doped silica, the amount of silica chosen to obtain a desired core diameter d; and
- d) collapsing the tube to form an optical fiber preform having a core region with a diameter d and a surrounding cladding layer having an outer a diameter D, where D/d.8.5 D/d is approximately 8.5.

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- 6. (currently amended) The method as defined in claim 5 wherein prior to depositing the plurality of layers of fluorine-doped material, a relatively few layers of phosphorous and fluorine-doped silica is are first deposited on the inside of the glass tube.
- 7. (new) The method as defined in claim 5 wherein prior to depositing the plurality of layers of fluorine-doped material, a relatively few layers of boron and fluorine-doped silica are first deposited on the inside of the glass tube.
- 8. (new) An optical fiber as defined in claim 1 wherein the D/d ratio is selected such that the ratio of the operating wavelength (λ_{op}) to the cutoff wavelength (λ_{cut}) is in the range of $1.0 < \lambda_{op}/\lambda_{cut} < 1.2$.
- 9. (new) An optical fiber as defined in claim 8 wherein the cutoff wavelength λ_{cut} is less than about 1700 nm.